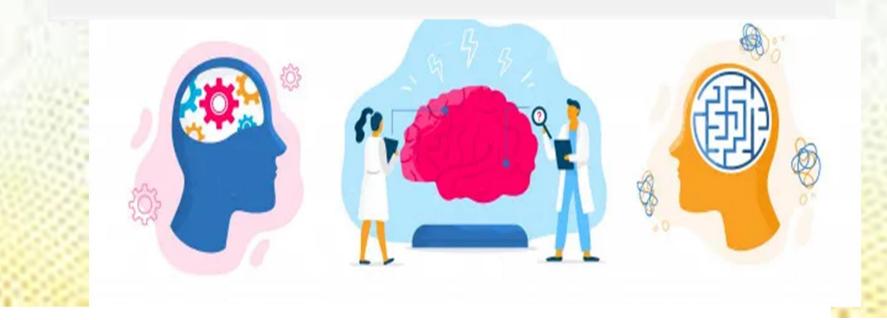


This is a short counselling course, spread over five days for the convenience of the participants. This practice based course will enhance the quality of your personal life and reduce stress in your work and even experience joy in what you do.

It is designed for persons who have no background in psychology but feel the need of some training in counselling because of the nature of their work or responsibilities.





This Practice Based course will help you to:

- Strengthen your communication skills at all levels
- Effectively connect with others
- Increase in productivity with reduced stress
- Enhance quality of your personal life
- Experience joy in what you do
- Build stronger relationships with others



Who Can Participate :

Teachers, Parents, Doctors, Health Professionals , Lawyers, Businessmen, Priests, Brothers, Sisters, Social workers and those who feel the need to effectively connect with others and communicate in ways that the personal comfort/productivity will increase with reduced stress.

This is an 'Appetizer' course. The main courses – Basic Counselling and Advance Counselling Courses will follow.

Course Details :



Fees – Rs. 5000/- (Charges include course fees, handouts and teas only)

Date: Every Saturdays of June and 5th July 2025 from 9 am to 4 pm 🛽 Premanjali



Residential Facilities available at additional cost.

For more details contact us:

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+91 70288 87307

😵 www.premanjali.in

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