



TRANSFORMATIVE PRAYER

Online session by
Dr. Tony J D'Souza, SJ





We all pray, Hindus, Muslims, Christians, etc. But our lives do not often reflect our relationship with God. Most of the time, we pray for favours from God or we thank God for some blessings we have received.





In these extended brief sessions, we focus on the true meaning of prayer. We answer questions like:

- Does God need our prayer?
- Why do we pray?
- Does God punish us?
- What does God expect from us?
- Does God reward us if we do good and punish us if we do 'bad' things?





We also explore how to pray meaningfully such that it affects the quality of our lives. In order to do that we need to explore our images of God that we carry within, images that we unconsciously carry within...

We will also try to understand in a new way **what sin is** and how to deal with sin in our daily life. Linked with this we explore concepts like penance, mortification, abnegation, self-denial, etc.

Though each session will be complete in itself, quite often, earlier sessions will flow into the new sessions. Therefore, we suggest that you commit yourself to attend all the sessions. We would encourage you to join as a family and later discuss among yourselves the topic of the evening.





Topics Covered:

- * Prayer and prayers
- * Prayer of thanksgiving
- * Prayer of petition
- * Sin
- * Penance
- * Images of God
- * Harmful images of God
- * Why does God love us?
- * Contemplation in action
- * Prayer of love;
prayer of fear



Session Details:



Mode - Online : 19th July to 23rd August 2023 (every Wed) – PART I
6th March to 27th March 2024 (every Wed) – PART II



08 pm to 09 pm @  Google Meet



Per Person Per Part : Rs. 500/- each
(Rs.100/- registration charges – non refundable)



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